



# James Marks Academy Trust

[www.jmatherts.co.uk](http://www.jmatherts.co.uk)

Wednesday 27th November 2024

Email [Admin@romanfields.herts.sch.uk](mailto:Admin@romanfields.herts.sch.uk) [admin@jamesmarks.herts.sch.uk](mailto:admin@jamesmarks.herts.sch.uk) [admin@foresthous.herts.sch.uk](mailto:admin@foresthous.herts.sch.uk)

## Roman Fields Head's message



Hi everyone.

I hope you are looking forward to the Occasional Day on Friday; it will be a good opportunity for pupils to rest and for the year 10s and 11s to take stock before we begin the mocks - if your child is feeling nervous about these exams, please remind them to treat them as a 'practice run' ready for the real thing.

Thank you to all of you who donated money for Children in Need; pupils seemed to enjoy the day - thank you to Aline, Clare and the rest of their team for organising and supporting the activities. We are looking forward to seeing you all at the Christmas awards lunch - please let Tony know if you are planning to join us.

Emma :-)





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## James Marks Head's message

Dear Parents



As we hit the middle of the longest half-term, it is difficult to know who is more tired- the staff or the pupils! The pupils are clearly used to their new school and in social times, it is great to see them interacting with each other, with a vast array of topics discussed.

We held our first parent support group meeting and had a presentation from Ashley about puberty, thank you to those parents who were able to attend. They have provided some ideas about the next sessions and areas they would like covered. The next step will be the school facilitating an informal parents meeting, as this means of supporting each other was something that everyone saw as helpful.

You should have received an invitation to the end of term celebration, we are looking forward to highlighting the achievements of the pupils through the termly awards. You will also receive a report at the end of term detailing the progress your child has made this term. Seeing the hard work and effort pupils put into every day, I am sure these pleasure to read.

Best wishes,  
Scott Martin





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## Pupil successes at James Marks Academy

**Stars of the week -  
8/11/2024**

**GOLD** - Jakob

**SILVER** - Silver

**BRONZE** - Emily.B.W

**100% ATTENDANCE FOR THE  
WEEK** - Teddy

**JAMES MARKS SPIRIT AWARD**  
- Dominic



## Pupil successes at Roman Fields Academy

**Stars of the week -  
8/11/2024**

**GOLD** - George

**SILVER** - Jenna

**BRONZE** - Lailie, Holly

**100% ATTENDANCE FOR THE  
WEEK** - Emilia

**ROMAN FIELDS SPIRIT  
AWARD** - Emilia



## Pupil successes at Forest House Education centre

**Stars of the week -  
8/11/2024**

**FOREST HOUSE  
ATTENDANCE AWARD** - Ted





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## Pupil successes at James Marks Academy

**Stars of the week -  
15/11/2024**

**GOLD - Lewi**

**SILVER - Charlie**

**BRONZE - Nathan**

**100% ATTENDANCE FOR THE  
WEEK - Amiyah**

**JAMES MARKS SPIRIT AWARD  
- Max**



## Pupil successes at Roman Fields Academy

**Stars of the week -  
15/11/2024**

**GOLD - Willow**

**SILVER - Cara**

**BRONZE - Lewis, Joel**

**100% ATTENDANCE FOR THE  
WEEK - Chloe**

**ROMAN FIELDS SPIRIT  
AWARD - Matthew, Thomas,  
Skye**



## Pupil successes at Forest House Education centre

**Stars of the week -  
15/11/2024**

**FOREST HOUSE SPIRIT  
AWARD - Poppy**





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## Dates for the diary

Friday 29th November - Occasional day at Roman Fields, James Marks & Forest House (school closed).

Thursday 12th December - Christmas Jumper Day at James Marks.

Friday 13th December - Christmas Jumper Day at Roman Fields and Forest House.

Friday 20th December - Last day of term.

Monday 23rd December 2024 till Friday 3rd January 2025 - Christmas holiday.

Monday 6th January - Inset Day.

Tuesday 7th January - Pupils return.

Monday 17th February till Friday 21st February - Half term.



## Become a Star Reader!



Here at Roman Fields, we understand and value the importance of reading. Reading - in whatever form you choose to engage in - fills you with knowledge. It improves your comprehension and analytical abilities. Furthermore, it stimulates the memory and broadens your imagination.

Therefore, each week, Roman Fields will be championing a *Star Reader*. You can be rewarded for your reading in any lesson, but you will also have the opportunity to demonstrate it in a specific session on your timetable. In these lessons, your teacher will be looking opportunities to award you points for your engagement in reading

Each week, the pupil with the most points awarded will receive a Star Reader certificate and a voucher.



## Star reader of the week for Roman Fields Academy



**15/11/2024**

Lili





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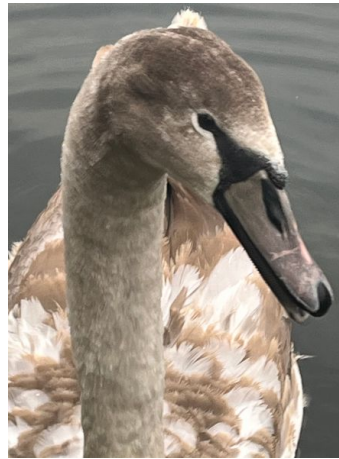
## Children in Need at Roman Fields

Thank you to everyone for taking part in Children in Need and for raising money for such an amazing charity.

The pupils and staff had a fantastic time on their 5K charity walk.

Well done to Jake for guessing the correct sweets in Jar 1 and Mason for guessing jar 2, hope you enjoyed them.

We still have money coming in from the walk so will let you know the total amount once we have received all the charity packs.





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**Christmas Jumper day at James Marks - Thursday 12th December**

**Roman Fields & Forest House Education centre - Friday 13th December**

We are raising money for save the children, please feel free to come to School in your Christmas jumper.

Thank you so much for all your support.

## Christmas Jumper day



**Please come to school dressed in your festive Christmas jumper.**

**Any Voluntary donations are welcome to the office, all money raised goes to charity.**

**Thank you so much.**





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## Tesco Head Office visit to celebrate International Day of Persons with Disabilities

Ten Pupils from both James Marks and Roman Fields schools visited Tesco Head office this week. They were invited to be guests of honour as the building was flood lit in purple at sunset, marking International Day of Persons with Disabilities which falls annually on 3 December. The day is a reminder about participation, representation and inclusion and calls for persons with disabilities to actively shape the conditions of their lives. Tesco is committed to diversity and inclusion in dealings with all its stakeholders. The Pupils' behaviour was exemplary and they represented all that is best about JMAT. They were given a Christmas jumper and a meal deal each - which always goes down well! Our link with Tesco has been ongoing for several years as one of their colleagues named Paul (pictured in some of the photos), is our Enterprise Adviser and is a regular visitor to Roman Fields and also hosts Pupils at the Head Office in Welwyn Garden City.





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## Advent calendar for sale at Roman Fields

We still have one advent calendar up for sale if anyone is interested.

We have the Black wooden calendar which also lights up for £20, the calendar is empty for you to fill at your convenience!

All the money raised will be going to a local charity chosen by our enterprise Pupils.

As always, thank you for your support!

Kindest regards,  
Aline and the enterprise team!





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## Donations/Hamper at Roman Fields

We would be grateful for any donations going towards our annual Christmas hamper!

Raffle tickets will be sold for 50p each from Monday 2nd December from reception in the mornings and at lunch times.

The colour theme this year is white. gold, black or red!

All the money raised will be going to a local charity chosen by our enterprise Pupils.

As always, thank you for your support!

Kindest regards,  
Aline and the enterprise team!





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## Supporting links

We are pleased to bring you details of our Parenting Support Groups which will be running countywide both face-to-face and ONLINE for the **SPRING TERM of 2025**.

Starting in **January and February**, we have **11 online** courses as well as **1 face to face** group in Dacorum.

Each course runs over 6 weekly sessions and is offered **FREE** of charge to parents thanks to funding from Herts County Council.

For further information please contact Noushin Rahman-Blake

[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)

(t) 01442 300185

## TALKING FAMILIES

6, weekly sessions for parents and carers of children aged **0-12** sharing tips on:

- Managing challenging behaviour with consistency.
- Encouraging positive behaviour.
- Building your child's self-esteem.
- Setting and maintaining boundaries.
- Responding to tantrums and difficult feelings in children.
- Developing a strong parent/child relationship now and for the future.



**Tuesdays 9.45 - 11.15am**  
7<sup>th</sup> Jan – 11<sup>th</sup> Feb

**Online Course ID 703**

**Tuesdays 8.00 - 9.30pm**  
7<sup>th</sup> Jan – 11<sup>th</sup> Feb

**Online Course ID 704**

**Tuesdays 8.00 - 9.30pm**  
25<sup>th</sup> Feb – 1<sup>st</sup> Apr

**Online Course ID 702**

## TALKING ANXIETY in TEENS

6, weekly sessions for parents and carers of children **12-19**, supporting you to:

- Understand why young people and adults get anxious.
- Develop strategies to handle anxiety in yourself and others within your family.
- Recognise the early signs of anxiety.
- Reduce stress and tension.
- Encourage resilient behaviour.



**Mondays 7.45 - 9.30pm**  
24<sup>th</sup> Feb – 31 Mar

**Online Course ID 706**

## TALKING ADDITIONAL NEEDS

A 6-week group for parents and carers of children with any additional need.

Your child does not need a diagnosis.

- Understand your child's behaviour.
- Develop strategies that really work.
- Reduce conflict.
- Improve emotional regulation.
- Explore sensory needs.
- Increase your child's resilience.
- Manage different needs in your family.



**Tuesdays 9.45 - 11.15am**  
25<sup>th</sup> Feb – 1<sup>st</sup> Apr

**Course ID 701**

2-19yrs

**Wednesdays 7.45 - 9.15pm**  
8<sup>th</sup> Jan – 12 Feb

**Online Course ID 709**

12-19yrs

**Booking essential. Please Quote the Course ID**

**To check eligibility and book a place, please contact Supporting Links on: 07512 709556 or [bookings@supportinglinks.co.uk](mailto:bookings@supportinglinks.co.uk)**

These courses are provided free to parents by Hertfordshire County Council's Targeted Parenting Fund. Information taken on booking will be used to process your booking, check your eligibility, identify any access needs and will be stored in accordance with our GDPR policy which is available on request.



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## Parent & Carer Support TALKING ASD & ADHD Workshops Spring 2025



Workshops are FREE to parents and carers living in Hertfordshire of children aged 2-25yrs with suspected or diagnosed Autistic Spectrum Disorder and/or Attention Deficit Hyperactivity Disorder.

← Eventbrite Page

### THE TEENAGE YEARS



Tuesday 4<sup>th</sup> March 7.30-9.15pm

Workshop SL715 book via Eventbrite:  
<https://www.eventbrite.co.uk/e/talking-asd-adhd-the-teenage-years-715-for-parents-carers-in-herts-registration-1064332389829>

- Teenage brain development and how it affects a child with ASD/ADHD.
- Reducing conflict by learning how to respond effectively to difficult situations.
- Strengthening your parent/child relationship.
- How to agree appropriate boundaries and teach risk assessment.
- Adapting our parenting approach to help our teens become independent adults.

### SIBLING STRUGGLES



Thursday 13<sup>th</sup> February 7.30-9.15pm

Workshop SL713 book via Eventbrite:  
<https://www.eventbrite.co.uk/e/talking-asd-adhd-sibling-struggles-713-for-parents-carers-in-herts-registration-1065018812939>

- What to do if your children are fighting or arguing.
- Dealing with jealousy and unfairness.
- Recognising the pressures on siblings.
- Helping your children develop a network of support.
- Helping your children to communicate with each other without conflict.
- Managing your own difficult feelings and helping your children to manage theirs.

### RESPONDING to ANGER



Wednesday 2<sup>nd</sup> April 9.30-11.15am

Workshop SL714 book via Eventbrite:  
<https://www.eventbrite.co.uk/e/talking-asd-adhd-responding-to-anger-714-for-parents-carers-in-herts-registration-1065126535139>

- The difference between healthy & unhealthy anger.
- The pattern that anger takes and how to spot the non-verbal signs early.
- Our own and our children's triggers.
- Techniques that stop angry and aggressive behaviour escalating and when to use them.
- How to respond to our child in meltdown, keeping ourselves, our child and siblings safe.

Follow on:



Contact via:

[info@supportinglinks.co.uk](mailto:info@supportinglinks.co.uk)  
[www.supportinglinks.co.uk](http://www.supportinglinks.co.uk)

Funded by Hertfordshire County Council's Targeted Parenting Fund



## Parent & Carer Support Spring Term 2025



FREE to parents and carers living in Hertfordshire

### TALKING TEENS



6, weekly sessions for parents and carers of children aged **12-19**, covering:

- The Teen Brain: physical and emotional changes taking place and why behaviour changes.
- The link between behaviour and communicating difficult feelings.
- How to maintain your relationship with good communication.
- Understand risk taking behaviour around drugs, alcohol and gang culture.
- How to negotiate and reduce conflict.

**Wednesdays 7pm - 9pm**

26<sup>th</sup> Feb – 2<sup>nd</sup> Apr

**Face to Face: ID 707**

**Gade Community Room  
Oakleaf Primary School,  
Hemel Hempstead**

**Tuesdays 7.45 - 9.15pm**

7<sup>th</sup> Jan – 11<sup>th</sup> Feb

**Online Course: ID 708**

### TALKING ANGER in FAMILIES

6, weekly sessions for parents and carers of children aged **0-11**, supporting you to:

- Understand why children and adults get angry.
- Develop strategies to handle anger in yourself and others within your family.
- Recognise the early signs of anger.
- Reduce conflict and arguments.
- Encourage positive behaviour.



**Wednesdays 7.45 - 9.30pm**

8<sup>th</sup> Jan – 12<sup>th</sup> Feb

**Online Course: ID 705**

### TALKING DADS

6, weekly sessions for dads & male carers, sharing information on:

- Improved listening and communication skills.
- A healthy dad-child relationship now and for the future.
- Effective strategies for dealing with anger and conflict.
- How to enforce boundaries.
- Being the dad, you want to be.



**Mondays 7.45 - 9.15pm**

6<sup>th</sup> Jan – 10<sup>th</sup> Feb

**Online Course: ID 710**

0-19yrs

**Thursdays 7.45 - 9.15pm**

27<sup>th</sup> Feb – 3<sup>rd</sup> Apr

**Online Course: ID 711**

0-11yrs

**Wednesdays 7.45 - 9.15pm**

26<sup>th</sup> Feb – 2<sup>nd</sup> Mar

**Online Course: ID 712**

12-19yrs